



Acupuncture and Massage College
IM1 618
Internal Medicine 1
SYLLABUS

Instructor: Dr. Xianhui Li and Dr. Chuanxin Wang

Instructors are available 15 minutes before class and 15 minutes after class to address student questions. In addition, students who need clarification on material covered in class or in assigned reading materials may request an appointment.

Hours/ Credits: 60/4

Method of Instruction: Lecture, discussion, and class participation

Required Texts:

Practical Therapeutics of Traditional Chinese Medicine, Wu
Chinese Herbal Medicine: Materia Medica & Formulas & Strategies, Bensky

[**NCCAOM- 2022-Candidate Preparation Handbook for Oriental Medicine \(OM\) Certification**](#)

Recommend. Text: Practice of Chinese Medicine, Giovanni Maciocia (PCM)

Prerequisites: ECM-312, DME-312, DSY-312, PL1-313, PL2-313, PTI-313, INE-313, HM1-424, HM3-426, AA1-416 and AA2-416

Course Description:

This course covers etiology, pathology, differentiation, and treatment of individual disorders of internal medicine. The treatment focuses on selecting Chinese herbal formulas and modifications according to clinical manifestations. The course also reviews acupuncture point selection and proper techniques.

Course Objectives:

Upon successful completion of this course, students will be able to:

1. Identify the most common patterns of each individual disorder in Internal Medicine
2. Describe clinical manifestations (include tongue & pulse patterns for each disorder)
3. Explain the etiology & pathogenesis of each pattern
4. Determine the treatment principles based on the correct pattern differentiation
5. Select the recommended Chinese herbal formula and possible modifications
6. Determine the need for patient referral to biomedicine or other specialty

Grading: As listed in our school catalog, the following scale will be used:

A	90-100%	4.0	P	Pass (70% or above)
B	80-89%	3.0	F	Fail (below 70% for Pass/Fail courses)
C	70-79%	2.0	I	Incomplete
D	60-69%	1.0	W	Withdrawal
			WF	Withdrawal Failure
			WNA	Withdrawal, no attendance
			RPT	Repeat course – no GPA calculated

Class Policies: You are expected to attend all classes and be on time. Please see AMC [Student Handbook](#) for details on attendance, tardiness, missed exams, and early departure policies. Eating, drinking, and gum-chewing are not permitted. Cell phones and pagers must be turned off or put on silent mode.

Recording in Class: Students will be allowed to audio record lectures in this course without the instructor's permission.

Homework: Homework is an important part of learning at AMC. On a daily basis in each course as reflected in the course syllabus, reading assignments must be completed outside of class. The readings supplement the class lectures and it is your responsibility to complete all reading assignments before coming to class. Instructors use oral and written quizzes to check that students have completed the reading assignments. Written homework assignments are turned in to the instructor in each class and count toward your course grade. Homework must be done prior to the class in which it is due.

You are responsible on quizzes and the Final Exam for all material in the reading assignments *whether covered in the class lectures or not*.

Honor Code: Acupuncture and Massage College does not tolerate academic dishonesty. If you are caught cheating in any way, including but not limited to copying from another person's paper during an exam or quiz, or plagiarizing material in a paper, you will be dismissed, with no probationary period. All instances of cheating must be reported to a faculty member and to the Academic Dean. To know about cheating and not report it is the same as cheating.

Appropriate Classroom Laptop Use

Acceptable in-class uses of laptops and other web-enabled devices include: taking notes, following along with the instructor on PowerPoints, working on assigned in-class activities, projects, and discussion. Unacceptable in-class uses of laptops and other web-enabled devices include: texting or e-mailing, surfing the Internet, playing games, writing papers or doing homework. AMC Faculty considers inappropriate in-class uses of laptops and web-enabled devices equivalent to non-participation in class and reserve the right to lower student grades accordingly.

OM Attendance

If a student has less than 80% attendance in any course, he/she will lose points in participation grade for that course. For courses in the OM program consisting of 15 classes this translates to no more than three (3) absences. For OM courses that consist of 7 weeks this translate to only one absence. Shorter courses will allow fewer absences and in some short courses no absences will be permitted.

GPA Requirements: AMC has an escalating GPA requirement for the OM program. All first year students must maintain at least a 2.0 or above. All second year students must maintain a 2.0 or above. All third year students must maintain a 3.0 or above” (If a student falls below the required GPA, they will be placed on Financial Aid Warning.

Americans with Disabilities (ADA) Accommodations: Please speak to the Academic Dean in regards to requesting any special needs or accommodations. Please refer to AMC’s [Student Handbook](#) for more details on ADA Accommodation process.

Library Integration

Each student will do a presentation on a topic covered in this class using books/resources (including online library resources <http://www.amcollege.edu/library>) in AMC’s library as references.

Final Grade:

Your final grade will be computed as follows:

Class Participation	10%
Quizzes	30%
Presentation /Library Integration	10%
Final Exam	<u>50%</u>
Final Grade	100%

In the Oriental Medicine program, you need to maintain a cumulative GPA of 2.0 by the end of each semester in the first 6 semesters and a cumulative GPA of 3.0 in each semester thereafter

IM1 618 CALENDAR

Class 1 02/13/23

Content: Discuss commonly occurring TCM patterns, treatment principles and treatments for Common Cold, Cough, and Asthma. Particular emphasis on recommended formulas and their modification according to treatment principle. Discussion of conditions requiring medical referral.

Assignments: Wu: pp 9-35

Class 2 02/15/23

Content: Discuss commonly occurring TCM patterns, treatment principles and treatments for Stomach Pain, Hiccough, and Vomiting. Particular emphasis on recommended formulas and their modification according to treatment principle. Discussion of conditions requiring medical referral.

Assignments: Wu: pp 36-61

Class 3 02/17/23

Content: Discuss commonly occurring TCM patterns, treatment principles and treatments for Esophageal constriction and Stomach Reflux, Abdominal Pain. Particular emphasis on recommended formulas and their modification according to treatment principle. Discussion of conditions requiring medical referral.

Review previous material for quiz

Assignments: Wu: pp 61-75

Class 4 02/20/23**QUIZ**

Content: Discuss commonly occurring TCM patterns, treatment principles and treatments for Diarrhea, Dysentery, and Constipation. Particular emphasis on recommended formulas and their modification according to treatment principle. Discussion of conditions requiring medical referral.

Assignments: Wu: pp 76-98

Class 5 02/22/23

Content: Discuss commonly occurring TCM patterns, treatment principles and treatments for Lateral costal pain, Gallbladder inflammation, Gallstones, Jaundice. Particular emphasis on recommended formulas and their modification according to treatment principle. Discussion of conditions requiring medical referral.

Assignments: Wu: pp 99-119

Class 6 02/24/23

Content: Discuss commonly occurring TCM patterns, treatment principles and treatments for Drum distension, Edema. Particular emphasis on recommended formulas and their modification according to treatment principle. Discussion of conditions requiring medical referral.

Review previous material for quiz

Assignments: Wu: pp 120-138

Class 7 02/27/23**QUIZ**

Content: Discuss commonly occurring TCM patterns, treatment principles and treatments for Thoracic bi, Palpitations, Insomnia. Particular emphasis on recommended formulas and their modification according to treatment principle. Discussion of conditions requiring medical referral.

Assignments: Wu: pp 139-161

Class 8 03/01/23

Content: Discuss commonly occurring TCM patterns, treatment principles and treatments for Headache, Dizziness and Vertigo, Hypertension. Particular emphasis on recommended formulas and their modification according to treatment principle. Discussion of conditions requiring medical referral.

Assignments: Wu: pp 162-189

Class 9 03/03/23

Content: Discuss commonly occurring TCM patterns, treatment principles and treatments for Seminal Emission, Impotence, and Wasting-thirst. Particular emphasis on recommended formulas and their modification according to treatment principle. Discussion of conditions requiring medical referral.

Review previous material for quiz

Assignments: Wu: pp 197-212

Class 10 03/06/23

QUIZ

Content: Discuss commonly occurring TCM patterns, treatment principles and treatments for Urinary strangury (Lin Syndrome), Dribbling urinary block. Particular emphasis on recommended formulas and their modification according to treatment principle. Discussion of conditions requiring medical referral.

Review previous material for quiz

Assignments: Wu: pp 213-233

Class 11 03/08/23

Content: Discuss commonly occurring TCM patterns, treatment principles and treatments for Depression patterns, Mania and withdrawal, Epilepsy patterns. Particular emphasis on recommended formulas and their modification according to treatment principle. Discussion of conditions requiring medical referral.

Assignments: Wu: pp 234-253

Class 12 03/10/23

Content: Discuss commonly occurring TCM patterns, treatment principles and treatments for Internal damage fever, Parasitic Worm Patterns, Pulmonary Consumption, Malaria. Particular emphasis on recommended formulas and their modification according to treatment principle. Discussion of conditions requiring medical referral.

Assignments: Wu: pp 272-293, 298-303

Class 13 03/13/23

QUIZ

Content: Review

Assignments: Review previous material

Class 14 03/15/23

Content: Review for Final

Assignments: Review previous material

Class 15 03/17/23

Content: Final Exam