



Acupuncture and Massage College
ECM - 312
Essentials of Chinese Medicine
SYLLABUS

Instructors: Professor Anabel Roque, A.P and Dr. Jundong Jie, A.P

Instructors will be available to meet with students for 15 minutes before class, and for 15 minutes after class. If you need to reach me at other times you can leave a message at the front desk, make an appointment or send an e-mail.

Hours/Credits: 60/4

Method of Instruction: Lecture, discussions, and class participation.

Required Texts:

The Foundations of Chinese Medicine, Maciocia, Giovanni (**FCM**)

The Web That Has No Weaver, Kaptchuk, Ted (**WEB**)

[NCCAOM- 2022-Candidate Preparation Handbook for Oriental Medicine \(OM\) Certification](#)

Recommended Texts:

Chinese Acupuncture & Moxibustion, Cheng Xinnong, (**CAM**)

Prerequisites: Standard entrance requirements.

Course Description:

This course is an introduction to the Essentials of Chinese Medicine, and focuses on the basic theoretical framework of Traditional Chinese Medicine (TCM) including: Yin/Yang theory, Five Element theory, Vital Substance theory, Zang-Fu theory, and Causes of Disease.

Course Objectives: After finishing this course, students will be able to:

- Understand the basic theoretical framework of TCM
- Differentiate between Biomedical and Chinese concepts of physiology
- Utilize the technical terminology of TCM physiology
- Analyze the clinical significance of basic TCM theory

Grading: As listed in our school catalog, the following scale will be used:

A	90-100%	4.0	P	Pass (70% or above)
B	80-89%	3.0	F	Fail (below 70% for Pass/Fail courses)
C	70-79%	2.0	I	Incomplete
D	60-69%	1.0	W	Withdrawal
			WF	Withdrawal Failure
			WNA	Withdrawal, no attendance
			RPT	Repeat course – no GPA calculated

Students MUST earn a grade of “C” or higher to pass this module (course.)

Class Policies: You are expected to attend all classes and be on time. Please see AMC [Student Handbook](#) for details on attendance, tardiness, missed exams, and early departure policies. Eating, drinking, and gum-chewing are not permitted. Cell phones and pagers must be turned off or put on silent mode.

Recording in Class: Students will not be allowed to audio record lectures in this course unless approved by the instructor.

Homework: Homework is an important part of learning at AMC. On a daily basis in each course as reflected in the course syllabus, reading assignments must be completed outside of class. The readings supplement the class lectures and it is your responsibility to complete all reading assignments before coming to class. Instructors use oral and written quizzes to check that students have completed the reading assignments. Written homework assignments are turned in to the instructor in each class and count toward your course grade. Homework must be done prior to the class in which it is due.

You are responsible on quizzes and the Final Exam for all material in the reading assignments *whether covered in the class lectures or not.*

Honor Code: Acupuncture and Massage College does not tolerate academic dishonesty. If you are caught cheating in any way, including but not limited to copying from another person’s paper during an exam or quiz, or plagiarizing material in a paper, you will be dismissed, with no probationary period. All instances of cheating must be reported to a faculty member and to the Academic Dean. To know about cheating and not report it is the same as cheating.

Appropriate Classroom Laptop Use

Acceptable in-class uses of laptops and other web-enabled devices include: taking notes, following along with the instructor on PowerPoints, working on assigned in-class activities, projects, and discussion. Unacceptable in-class uses of laptops and other web-enabled devices include: texting or e-mailing, surfing the Internet, playing games, writing papers or doing homework. AMC Faculty considers inappropriate in-class uses of laptops and web-enabled devices equivalent to non-participation in class and reserve the right to lower student grades accordingly.

OM Attendance

Students are expected to attend all class sessions with no exceptions, due to the compressed course content and academic rigor of the program. For each class missed, there will be a **6.6-point reduction** from the class participation grade. If a student misses more than 3 class sessions, they may fail the course and be required to retake it the following year.

Americans with Disabilities Act (ADA504) Accommodations: Students requesting accommodations are asked to communicate with the Section 504 Coordinator, Yaly Flores-Soto, Academic Dean. Dean Soto may be reached at (305) 595-9500 or via e-mail at Dean@amcollege.edu. Her office is located at 10506 North Kendall Drive, Miami, FL 33176. Please refer to AMC's [Student Handbook](#) for more details on ADA Accommodation process.

GPA Requirements: AMC has an escalating GPA requirement for the OM program. All first year and second year students must maintain at least a 2.0 or above. All third year students must maintain a 3.0 or above. If a student falls below the required GPA, they will be placed on Financial Aid Warning.

Library Integration

Each student will write a two-page paper on a topic covered in this class using books/resources (including online library resources <http://www.amcollege.edu/library>) in AMC's library as references.

Your final grade will be computed as follows:

Class Participation	5%
2 Page Paper/Library Integration	5%
Quizzes	40%
Final Exam	<u>50%</u>
Final Grade	100%

You must pass the written final exam in order to pass the course. In courses where there is both a written and a practical exam, the grade will be computed as follows: 50% for the written and 50% for the practical.

CALENDAR

Class: 1- Monday, 01/08/24

Content: Introduction to the class and the syllabus. Discuss the historical development of Chinese Medicine. Identify its therapeutic branches (Acupuncture/Moxibustion/Cupping, Herbology, Tui Na/Bodywork, Qi Gong, Diet Therapy) and explain the creation of Traditional Chinese Medicine (TCM). Compare and contrast with biomedicine, including the philosophical and therapeutic implications and the advantages and disadvantages of each.

Assignment: WEB pp 1-39, 295-305, 453-463

Class: 2- Wednesday, 01/10/24

Content: Yin Yang Theory: Describe the concept of Yin/Yang and identify the correspondences of phenomena according to Yin/Yang. Analyze the clinical applications of Yin/Yang theory and provide an introduction to the Eight Parameters (Ba Gang).

Assignment: FCM pp 3-16, WEB pp 215-223

Class: 3- Friday, 01/12/24

Content: Review of previous material.

Five Elements Theory: Describe and explain the basic theory of five elements (five phases), explain the cycle of creation (Sheng) and cycle of destruction (Ke) and identify the correspondences of each element. Demonstrate the interrelations of the Five Elements; analyze the clinical application for each element and of elements acting in combination.

Assignment: FCM pp 19-40, WEB pp 437-452

No Class on Monday, 01/15/24 – Martin Luther King, Jr. Day

Class: 4- Wednesday, 01/17/24

QUIZ

Content: Review of previous material.

Describe and explain the function of the Vital Substances of Chinese Medicine, focusing on Essence, Qi, and Blood. Analyze their interrelationships and identify their importance to health. Analyze the clinical applications of the vital substances.

Assignment: FCM pp 41-64, WEB pp 41-57

Class: 5- Friday, 01/19/24

Content: Review of previous material.

Describe and explain the function of the Vital Substances of Chinese Medicine, focusing on Shen, Fluids. Analyze their interrelation and identify their importance to health.

Analyze the clinical applications of the fundamental substances. Discuss the Transformation of Qi, its manifestations and interrelationships with other vital substances and body structures.

Assignment: FCM pp 64-92, WEB pp 58-67

Class: 6- Monday, 01/22/24

Content: Review of previous material.

Introduction to Zang Fu theory, including their network of correspondences. Discuss the functions of the Heart, including the physiological functions, pathological changes and relationships of the heart.

Assignment: FCM pp 93-116, WEB pp 75-78, 88-90,

Class: 7- Wednesday, 01/24/24

QUIZ

Content: Review of previous material.

Discuss the functions of the Liver including the physiological functions, pathological changes and relationships of the Liver. Discuss the functions of the Lung including the physiological functions, pathological changes and relationships of the Lung.

Assignment: FCM pp 117-142; WEB pp 81-83, 90-93

Class: 8- Friday, 01/26/24

Content: Review of previous material.

Discuss the functions of the Spleen including the physiological functions, pathological changes and relationships of the spleen. Discuss the functions of the Kidney including the physiological functions, pathological changes and relationships of the Kidney.

Discuss the functions of the Pericardium, including the physiological functions, pathological changes and relationships of the Pericardium.

Assignment: FCM pp 143-168; WEB pp 79-81, 83-88, 90

Class: 9- Monday, 01/29/24

QUIZ

Content: Review of previous material.

Analyze the interrelationships between the Zang organs. Introduction to the Fu Organs.

Discuss the functions of the Stomach, including the physiological functions, pathological changes and relationships of the Stomach.

Assignment: FCM pp 171-189; WEB pp 93-94

Class: 10- Wednesday, 01/31/24

Content: Review of previous material.

Discuss the functions of the Fu Organs, including the physiological functions, pathological changes and relationships of the Small Intestine, Large Intestine, Gallbladder, Bladder and Triple Burner.

Assignment: FCM pp 191-222, WEB pp 95-98

Class: 11- Friday, 02/02/24

Content: Review of previous material.

Discuss the functions of the Extraordinary Fu Organs, detailing their physiological functions, pathological changes and relationships. Introduction to Channel Theory, including the basics of the channel system and its functions.

Assignment: FCM pp 223-236; WEB pp 351-353, 105-141

Class: 12- Monday, 02/05/24

QUIZ

Content: Review of previous material.

Causes of disease. Identify and discuss the Internal and External causes of disease, including the Seven Emotional Disturbances (Qi Qing) and the Six External Evils (Liu Xie).

Assignment: FCM pp 237-266; WEB pp 143-160

Class: 13- Wednesday, 02/07/24

Content: Review of previous material. Review for Final Exam.

Causes of disease. Identify and discuss the miscellaneous causes of disease, including the constitutional and lifestyle factors involved in the disease process.

Begin to review for final exam

Assignment: FCM pp 267-287; WEB pp 160-166

Class: 14- Friday, 02/09/24

Content: Review for Final

FINAL EXAM